



CUPA-HR North Carolina Chapter 2026 Spring Webinar
“Navigating Difficult Conversations: Turn Tension into Progress”
Wednesday, March 25 | 11:00 a.m. - 1:30 p.m. ET

Time	Title	Presenter
11:00 – 11:10 AM	Welcome	NC CUPA-HR Board
11:10 – 11:32 AM	Session Overview	Henry J. Lescault
11:32 – 12:02 PM	Courage and Consideration	
12:02 – 12:07 PM	Break	
12:07 – 12:21 PM	Emotional Reactions are Useful Information	
12:21– 1:06 PM	Respond with Courage and Consideration	
1:06 – 1:10 PM	Session Wrap-Up	
1:10 – 1:30 PM	Business Meeting	NC CUPA-HR Board