



CUPA-HR North Carolina Chapter 2026 Spring Webinar
“The 7 Habits of Highly Effective People”
Wednesday, February 25 | 11:00 a.m. - 1:30 p.m. ET

Time	Title	Presenter
11:00 – 11:10 AM	Welcome	NC CUPA-HR Board
11:10 – 11:15 AM	Introduction - FranklinCovey	Henry J. Lescault
11:15 – 11:25 AM	Overview of the 7 Habits	
11:25 – 11:40 AM	Paradigms	
11:40 – 11:50 AM	See Do Get - How to Change a Habit	
11:50 AM – 1:05 PM	Habits Breakdown	
1:05 – 1:10 PM	Session Wrap-Up	NC CUPA-HR Board
1:10 – 1:30 PM	Business Meeting	